



Gym Schedule

June 28-July 4, 2026

CADILLAC AREA YMCA

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Adult Drop-in Basketball 6:00-7:30 am		Adult Drop-in Basketball 6:00-7:30 am		Adult Drop-in Basketball 6:00-7:30 am	
Adult Pickleball 10:00 - 12:00	Adult Pickleball Drop In 8:30-11:30am	Senior Fit 9:00 am-3:00 pm	Adult Pickleball Drop In 8:30-11:30am	Senior Fit 9:00 am-3:00 pm	Adult Pickleball Drop In 8:30-11:30am	Y Closed For the Fourth of July
			Cardio Drumming 5:15-6:30 pm			
			Adult Pickleball 7:00 - 8:30 pm	Adult Open Volleyball 7:30-9pm		