



April 5-11, 2026

Gym Schedule

CADILLAC AREA YMCA

The YMCA reserves the right to revise the schedule as needed.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------|--|-------------------------------|--|-----------------------------------|--|--|
| | Adult Drop-in Basketball 6:00-7:30 am | | Adult Drop-in Basketball 6:00-7:30 am | | Adult Drop-in Basketball 6:00-7:30 am | |
| | | | | | | |
| Adult Pickleball 10:00 - 12:00 | Adult Pickleball Drop In 9:00am-12:00pm | Senior Fit 9:00 am-3:00 pm | Adult Pickleball Drop In 9:00am-12:00pm | Senior Fit 9:00 am-3:00 pm | Adult Pickleball Drop In 9:00am-12:00pm | |
| | | | | | | |
| | | | Cardio Drumming 5:15-6:30 pm | | | Teen Drop in Basketball 2:00-3:00pm |
| | | | Adult Pickleball 7:00 - 8:30 pm | Adult Open Volleyball 7:30-9pm | | |