



Gym Schedule

March 15-21, 2026

CADILLAC AREA YMCA

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Adult Drop-in Basketball 6:00-7:30 am		Adult Drop-in Basketball 6:00-7:30 am		Adult Drop-in Basketball 6:00-7:30 am	
	Adult Pickleball Drop In 9:00am-12:00pm	Senior Fit 9:00 am-3:00 pm	Adult Pickleball Drop In 9:00am-12:00pm	Senior Fit 9:00 am-3:00 pm	Adult Pickleball Drop In 9:00am-12:00pm	Cardio Drumming 8:45-10:00 am
Adult Pickleball 10:00 - 12:00						Teen Drop in Basketball 2:00-3:00pm
	Gymnastics 3:45-9:00pm		Cardio Drumming 5:15-6:30 pm			
			Adult Pickleball 7:00 - 8:30 pm		Teen Night 7:00-8:00 pm	