



# Gym Schedule

## March 1-7, 2026

CADILLAC AREA YMCA

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px;">           Adult Pickleball 10:00 - 12:00         </div>	Adult Drop-in Basketball 6:00-7:30 am		Adult Drop-in Basketball 6:00-7:30 am		Adult Drop-in Basketball 6:00-7:30 am	
	Adult Pickleball Drop In 9:00am-12:00pm	Senior Fit  9:00 am-3:00 pm	Adult Pickleball Drop In 9:00am-12:00pm	Senior Fit  9:00 am-3:00 pm	Adult Pickleball Drop In 9:00am-12:00pm	
	Gymnastics  3:45-9:00pm		<div style="border: 1px solid black; padding: 5px;">           Cardio Drumming 5:15-6:30 pm         </div>			
				Adult Pickleball 7:00 - 8:30 pm		