



the
Gym Schedule

February 15-21, 2026

CADILLAC AREA YMCA

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Pick- leball</div> <div>10:00 - 12:00</div>	Adult Drop-in Basketball 6:00-7:30 am	<div>Senior Fit</div> <div>9:00 am- 3:00 pm</div>	Adult Drop-in Basketball 6:00-7:30 am	<div>Senior Fit</div> <div>9:00 am- 3:00 pm</div>	Adult Drop-in Basketball 6:00-7:30 am	<div>Cardio Drum- ming 9- 10am</div> <div>Teen Drop in Basket- ball 2:00- 3:00pm</div>
	Pickleball Drop In 9:00am- 12:00pm		Pickleball Drop In 9:00am- 12:00pm		Pickleball Drop In 9:00am- 12:00pm	
	Gymnastics 3:45- 9:00pm		<div>Cardio Drum- ming</div> <div>5:15- 6:30 pm</div> <div>Pickleball 7:00 - 8:30 pm</div>			