



February 8-14, 2026

Gym Schedule

CADILLAC AREA YMCA

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Pickleball 10:00 - 12:00</p>	<p>Adult Drop-in Basketball 6:00-7:30 am</p> <p>Pickleball Drop In 9:00am-12:00pm</p> <p>Gymnastics 3:45-9:00pm</p>	<p>Senior Fit 9:00 am-3:00 pm</p>	<p>Adult Drop-in Basketball 6:00-7:30 am</p> <p>Pickleball Drop In 9:00am-12:00pm</p> <p>Cardio Drumming 5:15-6:30 pm</p> <p>Pickleball 7:00 - 8:30 pm</p>	<p>Senior Fit 9:00 am-3:00 pm</p>	<p>Adult Drop-in Basketball 6:00-7:30 am</p> <p>Pickleball Drop In 9:00am-12:00pm</p> <p>Rookies Basketball 10:45a - 12:15p</p>	<p>Women on Weights 9:00-10:00a</p> <p>Teen Drop in Basketball 2:00-3:00pm</p>