



Gym Schedule

February 1-7, 2026

CADILLAC AREA YMCA

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Pickleball</div> <div>10:00 - 12:00</div>	Adult Drop-in Basketball 6:00-7:30 am	Senior Fit 9:00 am-3:00 pm	Adult Drop-in Basketball 6:00-7:30 am	Senior Fit 9:00 am-3:00 pm	Adult Drop-in Basketball 6:00-7:30 am	<div>Women on Weights 9:00-10:00a</div> <div>Rookies Basketball 10:45a - 12:15p</div>
	Pickleball Drop In 9:00am-12:00pm		Pickleball Drop In 9:00am-12:00pm		Pickleball Drop In 9:00am-12:00pm	
						<div>Teen Drop in Basketball 2:00-3:00pm</div>
	Gymnastics 3:45-9:00pm		<div>Cardio Drumming 5:15-6:30 pm</div>			
			Pickleball 7:00 - 8:30 pm			