



## **YMCA BASKETBALL COURT RULES**

### **SHARE THE GYM**

- Open gym time is primarily for informal basketball play
- Share the space with others
- Be aware of your surroundings and considerate of others
- Staff may guide activities for safety

### **USE EQUIPMENT THE RIGHT WAY**

- Use basketballs and volleyballs for playing only
- × Do NOT kick balls
- × No footballs inside the gym
- × Do NOT hang on nets or rims

### **BE SAFE ON THE TRACK**

- Keep the track clear for walkers and runners
- × NO sitting or standing on the track
- × Do NOT leave belongings on the track
- × No long shots (no half-court or full-court shots)
  - A missed shot can hit someone on the track

### **FOOD & DRINK**

- Water in a closed bottle only
- × No food
- × No other drinks