

September 7-13, 2025

CADILLAC AREA YMCA

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
,	Adult Drop-in Basketball 6:00-7:30 am	,	Adult Drop-in Basketball 6:00-7:30 am	,	Adult Drop-in Basketball 6:00-7:30 am	,
Pickle- ball 10:00 - 12:00	Pickleball Drop In 9:00am- 12:00pm	Senior Fit 9:00 am- 3:00 pm	Pickleball Drop In 9:00am- 12:00pm	Senior Fit 9:00 am- 3:00 pm	Pickleball Drop In 9:00am- 12:00pm	
	Gymnastics 3:45- 9:00pm	Akido 4:30- 7:30 pm	Cardio Drum- ming 5:15- 6:30 pm Pickleball 7:00 - 8:30 pm	Adult Drop-in Volley- ball 7:30 - 9:00 pm		