



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Cadillac Area YMCA Job Posting

Job Title: **Gymnastics Instructor**

FLSA Status: Part Time

Reports to: Program Coordinator

Revision Date: 2-17-22

Compensation: \$10.00-\$12.00/Hour

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### **Position Summary:**

A Gymnastics Instructor provides instruction for recreational gymnastics student's ages 18 months to 16 years.

### **Essential Functions:**

1. Leads group classes, as assigned in accordance with YMCA guidelines.
  - a. Greets and engage every participant in a friendly, helpful way at every opportunity.
  - b. Teaches with enthusiasm and creativity. Uses positive reinforcement and addresses individual needs.
2. Conducts energizing, fun, safe, and educational classes.
  - a. Demonstrates exercises and skills being taught.
3. Develops positive relationships with participants and provides motivational support and guidance.
  - a. Listens to and responds to participant concerns.
  - b. Builds effective relationships with participants; helps participants connect with each other and the YMCA.
4. Follows all YMCA policies, rules, regulations and procedures; including emergency safety procedures. Completes incident and accident reports as necessary, accurately and in a timely fashion.
  - a. Works with staff to maintain a safe environment, staying alert to any potential health or safety dangers to program participants and intercede to prevent incidents.
  - b. Maintains constant watch on all class members and ensure their safety during class.
5. Organizes and puts away needed class equipment and ensures that program area is neat and orderly. Reports damaged equipment.
6. Attends staff meetings and trainings as scheduled.
7. Communicates with the relevant YMCA Staff and Director of Healthy Living concerning:
  - Program rosters and materials
  - Schedules
  - Participant concerns or incidents
  - Facility conditions
  - Incident or contamination reports
9. Completes other tasks or assignments as requested by the Director of Healthy Living or Executive Director.

### **Qualifications:**

1. Required certifications: CPR, First Aid, AED, or willingness to obtain.
2. Complete Child Abuse Prevention, Workplace Harassment and Blood Borne Pathogens Training.
3. At least 15 years of age.
4. Prior Experience in recreational or competitive gymnastics

### **Physical Demands:**

1. Ability to perform all physical aspects of the position; including walking, standing, bending, reaching, lifting (up to 50 lbs), running, climbing.
2. Sufficient strength, agility and mobility to perform essential functions of position and to supervise program activities.

### **Benefits:**

- Retirement Plan
- Free YMCA Membership