



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

WHERE CAN MY CHILDREN PLAY AT THE Y?

6 WEEKS – 8 YEARS: must be with parent or guardian*

Child Watch (Parent/guardian* must be in building)

Lobby

Gym/Track

Pool/Spa

- Children under the age of 1 may not enter the spa
- For children who **HAVE NOT** passed the deep water test: Children 7 and under must have a parent or guardian within arm's reach in the pool/spa.
- For children who **HAVE** passed the deep water test: Children 8 and under must have parent or guardian supervising from deck.

9–10 YEARS OLD

MUST BE WITH PARENT/GUARDIAN*

Gym/Track

Pool/Spa

- For children who **HAVE NOT** passed the deep water test: Children 8-10 must have parent or guardian supervising from deck.
- For children who **HAVE** passed the deep water test: Children 8 and under must have parent or guardian supervising from deck.

PARENT/GUARDIAN* MUST BE IN BUILDING

Child Watch

Lobby

Pool/Spa

- For children who **HAVE** passed the deep water test: children ages 9–10 must have parent or guardian in the building.



11–13 YEARS OLD: PARENT/GUARDIAN* OPTIONAL

Lobby

Teen Center (Grades 6–12)

Pool/Spa/Gym/Track

AGE 14–15

Teen Center (Grades 6–12)

Pool/Spa/Gym/Track

Wellness Center (after completing orientation)

Exercise Classes (with a parent/guardian)

AGE 16–18

Teen Center grades 6–12

Pool/Spa/Gym/Track

Wellness Center

Exercise Classes

*Guardians must be 14 or older for children age 10 and under. Parent/Guardians must be actively engaged.

Additional pool rules are posted in the pool area.