



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Volleyball Drop-In Guidelines

- Rally Scoring to 15 points (net serves count)
- No spiking to return a serve
- No more than 6 players on the court per side
- When more than 12 people want to play, a rotation of teams or individuals is to be established
- Last participants of the day need to work with Y staff to put away net and equipment

**Thursdays 6:30pm – 9pm (Adults Only)**  
**Sundays 4pm – 6pm (Teens and Adults)**