



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Gym Schedule

Aug 25-31, 2019

CADILLAC AREA Y

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Y</b></p> <p><b>Closed</b></p> <p><b>on</b></p> <p><b>Sundays</b></p>	Adult Drop-in Basketball 6 - 7:30	Senior Fit 8:30 - 3 pm	Adult Drop-in Basketball 6 - 7:30	Senior Fit 8:30 - 3 pm	Adult Drop-in Basketball 6 - 7:30	Pickleball 8:00-10:30
	Pickleball Drop-In 9-12pm		Day Care 10:30-11:30		Pickleball Drop-In 9-12pm	
	Youth Fit 12:00-1:00	Group Fitness 12-1pm	Youth Fit 12:00-1:00	Group Fitness 12-1pm		
		Day Care 3:15-3:45		Head Start 3:00-4:00		
		Dillon Day Camp 4-6pm	Dillon Day Camp 4-6pm	Dillon Day Camp 4-6pm	Dillon Day Camp 4-6pm	
			Cardio Drumming 5:15-6:30 pm			
		Pickleball Drop-In 7-9pm			adult open volleyball 6:30-9pm	