



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Gym Schedule

Aug 18-24, 2019

CADILLAC AREA Y

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>Y</b>  <b>Closed</b>  <b>on</b>  <b>Sundays</b>	Adult Drop-in Basketball 6 - 7:30		Adult Drop-in Basketball 6 - 7:30		Adult Drop-in Basketball 6 - 7:30	<div style="border: 1px solid black; padding: 5px;">           Pickleball 8:00-10:30         </div>	
	Pickleball Drop-In 9-12pm		Day Care 10:30-11:30		Senior Fit 8:30 - 3 pm		GSRP 10:30-11:30
	Youth Fit 12:00-1:00	Group Fitness 12-1pm		Youth Fit 12:00-1:00	Group Fitness 12-1pm		
		Day Care 3:15-3:45			Head Start 3:00-4:00		Back to school carnival
	Dillon Day Camp 4-6pm	Dillon Day Camp 4-6pm		Cardio Drumming 5:15-6:30 pm	Volleyball camp 5:45-7:45		3:00 - 7:00 pm
		Volleyball camp 5:45-7:45	Volleyball camp 5:45-7:45				
			Pickleball Drop-In 7-9pm				adult open volleyball 6:30-9pm