



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHERE CAN MY CHILDREN PLAY AT THE Y?

AGE 6 WEEKS – 7 YEARS: must be with Parent/Guardian*

Child Watch (Parent/Guardian* must be in building)

Lobby

Gym/Track

Pool/Spa

Children under the age of 1 may not enter the spa

For children who *have not* passed the deep water test: Children 7 and under must have a parent or guardian within arm's reach in the pool/spa.

For children who *have* passed the deep water test: Children 8 and under must have parent or guardian supervising from deck.

AGE 8-10

Must be with Parent/Guardian*

Gym/Track

Pool/Spa

For children who *have not* passed the deep water test: Children 8-10 must have parent or guardian supervising from deck.

For children who *have* passed the deep water test: Children 8 and under must have parent or guardian supervising from deck.

Parent/Guardian* must be in Building

Child Watch

Lobby

Pool/Spa

For children who *have* passed the deep water test: Children 9-10 must have parent or guardian in the building.

AGE 11-13 Parent/Guardian* Optional

Lobby

Teen Center grades 6-12

Pool/Spa/Gym/Track

AGE 14-15

Teen Center grades 6-12

Pool/Spa/Gym/Track

Wellness Center with completed Teen Orientation

Exercise Classes with a parent

AGE 16-18

Teen Center grades 6-12

Pool/Spa/Gym/Track

Wellness Center

Exercise Classes

*Guardians must be 14 or older for children age 10 and under. Parent/Guardians must be actively engaged.
Additional pool rules are posted in the pool area.